

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Menu Name: Miller Park Breakfast

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 09/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000948 Confetti Pancake Minis	Pouch	100	220	1.00	300	11	7.00	0.00	10	36.00	4.00	4.00	1000	40.0	0.00	3.60
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			430	1.00	442	49	7.00	0.00	13	79.50	5.50	12.50	2050	390.0	100.20	3.60
% of Calories				2.09%		45.6%	14.7%	0.0%		74.0%		11.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Wednesday - 09/04/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	100	536	16.03	971	2	41.08	0.00	60	24.00	1.00	16.03	10	80.0	0.00	1.62
000064 Apples, Fresh	Ea	100	72	0.00	1	20	0.23	0.00	0	19.06	3.30	0.36	100	10.0	6.00	0.18
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			788	16.03	1139	55	41.31	0.00	63	79.06	4.30	24.39	1120	410.0	67.20	1.80
% of Calories				18.31%		27.9%	47.2%	0.0%		40.1%		12.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Thursday - 09/05/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
008092 Long John	each	100	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
990105 Cinnamon Toast Crunch Cereal Pouch	Each	100	110	1.00	160	6	3.00	0.00	0	22.00	3.00	1.00	400	200.0	4.80	3.60
000068 Bananas	EACH	100	90	0.11	1	12	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			691	9.43	672	62	21.21	*0.00	3	115.02	8.88	15.33	1617	549.5	74.79	5.40
% of Calories				12.28%		35.9%	27.6%	*0.0%		66.6%		8.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Friday - 09/06/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990087 Breakfast Scramble Pizza	3 oz	100	190	2.00	300	4	8.00	0.00	45	20.00	2.00	10.00	2	15.0	0.00	10.00
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			478	2.00	590	51	8.16	0.00	48	84.98	4.20	18.79	1457	339.0	179.00	10.46
% of Calories				3.77%		42.7%	15.4%	0.0%		71.1%		15.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Monday - 09/09/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Tuesday - 09/10/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990087 Breakfast Scramble Pizza	3 oz	100	190	2.00	300	4	8.00	0.00	45	20.00	2.00	10.00	2	15.0	0.00	10.00
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			340	2.00	567	29	8.00	0.00	48	49.50	3.50	18.50	652	345.0	40.20	10.00
% of Calories				5.29%		34.1%	21.2%	0.0%		58.2%		21.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Wednesday - 09/11/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	100	536	16.03	971	2	41.08	0.00	60	24.00	1.00	16.03	10	80.0	0.00	1.62
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			834	16.03	1146	51	41.24	0.00	63	89.98	3.20	24.82	1375	404.0	179.00	2.08
% of Calories				17.30%		24.5%	44.5%	0.0%		43.2%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Thursday - 09/12/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990104 Cinnamon Toast Crunch Filled Bar	Each	100	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
000594 Apples, sliced, fresh	2 oz	100	18	0.00	0	5	0.06	0.00	0	4.82	0.84	0.09	25	2.5	1.52	0.04
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			438	3.00	422	50	8.06	0.00	8	78.82	2.84	14.09	1125	342.5	62.72	1.48
% of Calories				6.16%		45.7%	16.6%	0.0%		72.0%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Friday - 09/13/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990087 Breakfast Scramble Pizza	3 oz	100	190	2.00	300	4	8.00	0.00	45	20.00	2.00	10.00	2	15.0	0.00	10.00
000009 Fruit Fresh, Whole and Sliced	each	100	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			418	2.00	442	48	8.06	0.00	48	68.68	4.29	18.38	1071	349.2	79.05	10.06
% of Calories				4.31%		45.9%	17.4%	0.0%		65.7%		17.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Monday - 09/16/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001284 Chicken Breakfast Biscuit	each	100	300	5.00	650	2	14.00	0.00	20	31.00	1.00	12.00	10	80.0	42.00	2.16
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
008055 Dressing, Salad Miracle Whip	packet	100	15	0.00	105	1	1.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			530	5.00	897	44	15.00	0.00	23	78.44	1.89	20.00	1046	400.0	103.20	2.16
% of Calories				8.49%		33.2%	25.5%	0.0%		59.2%		15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Tuesday - 09/17/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
000948	Confetti Pancake Minis	Pouch	100	220	1.00	300	11	7.00	0.00	10	36.00	4.00	4.00	1000	40.0	0.00	3.60
000098	Strawberries: frozen	1/2 cup	100	131	0.00	0	29	0.00	0.00	0	31.00	2.00	1.00	145	20.0	21.00	0.36
001112	Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005	Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average				521	1.00	442	71	7.00	0.00	13	101.00	6.00	13.00	2145	380.0	82.20	3.96
% of Calories					1.73%		54.5%	12.1%	0.0%		77.5%		10.0%				
Weekly Nutrient Guideline				450 - 500	<10	540		<=35									

Wednesday - 09/18/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
000799	Sausage Biscuit	each	100	536	16.03	971	2	41.08	0.00	60	24.00	1.00	16.03	10	80.0	0.00	1.62
000959	Raisels	Each	100	130	0.00	0	28	0.00	0.00	0	35.00	1.00	1.00	140	20.0	102.00	0.72
001112	Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005	Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
000222	Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average				846	16.03	1138	63	41.08	0.00	63	95.00	2.00	25.03	1160	420.0	163.20	2.34
% of Calories					17.05%		29.8%	43.7%	0.0%		44.9%		11.8%				
Weekly Nutrient Guideline				450 - 500	<10	540		<=35									

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Thursday - 09/19/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc (mg)	Vit-C (mg)	Iron (mg)
008092 Long John	each	100	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			609	8.32	519	60	18.04	*0.00	3	99.93	5.45	14.02	1507	348.4	179.00	2.00
% of Calories				12.30%		39.4%	26.7%	*0.0%		65.6%		9.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Friday - 09/20/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc (mg)	Vit-C (mg)	Iron (mg)
990107 Bacon Scramble Burrito	Each	100	225	4.32	339	1	9.86	0.00	75	23.09	3.45	11.95	319	159.4	3.82	0.34
000009 Fruit Fresh, Whole and Sliced	each	100	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			453	4.32	621	45	9.92	0.00	78	72.77	5.74	20.34	1488	493.5	82.88	0.41
% of Calories				8.58%		39.7%	19.7%	0.0%		64.3%		18.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Monday - 09/23/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990102 Cereal Bar, Cinnamon Toast Crunch	Each	100	150	0.00	115	9	4.00	0.00	0	30.00	3.00	2.00	0	200.0	0.00	1.80
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			365	0.00	257	50	4.00	0.00	3	76.44	3.89	10.00	1036	520.0	61.20	1.80
% of Calories				0.00%		54.8%	9.9%	0.0%		83.8%		11.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Tuesday - 09/24/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990087 Breakfast Scramble Pizza	3 oz	100	190	2.00	300	4	8.00	0.00	45	20.00	2.00	10.00	2	15.0	0.00	10.00

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			340	2.00	567	29	8.00	0.00	48	49.50	3.50	18.50	652	345.0	40.20	10.00
% of Calories				5.29%		34.1%	21.2%	0.0%		58.2%		21.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Wednesday - 09/25/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	100	536	16.03	971	2	41.08	0.00	60	24.00	1.00	16.03	10	80.0	0.00	1.62
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			834	16.03	1146	51	41.24	0.00	63	89.98	3.20	24.82	1375	404.0	179.00	2.08
% of Calories				17.30%		24.5%	44.5%	0.0%		43.2%		11.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Thursday - 09/26/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990104 Cinnamon Toast Crunch Filled Bar	Each	100	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
000594 Apples, sliced, fresh	2 oz	100	18	0.00	0	5	0.06	0.00	0	4.82	0.84	0.09	25	2.5	1.52	0.04
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			438	3.00	422	50	8.06	0.00	8	78.82	2.84	14.09	1125	342.5	62.72	1.48
% of Calories				6.16%		45.7%	16.6%	0.0%		72.0%		12.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Friday - 09/27/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990087 Breakfast Scramble Pizza	3 oz	100	190	2.00	300	4	8.00	0.00	45	20.00	2.00	10.00	2	15.0	0.00	10.00
000009 Fruit Fresh, Whole and Sliced	each	100	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			418	2.00	442	48	8.06	0.00	48	68.68	4.29	18.38	1071	349.2	79.05	10.06
% of Calories				4.31%		45.9%	17.4%	0.0%		65.7%		17.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

Monday - 09/30/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001284 Chicken Breakfast Biscuit	each	100	300	5.00	650	2	14.00	0.00	20	31.00	1.00	12.00	10	80.0	42.00	2.16
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
008055 Dressing, Salad Miracle Whip	packet	100	15	0.00	105	1	1.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			530	5.00	897	44	15.00	0.00	23	78.44	1.89	20.00	1046	400.0	103.20	2.16
% of Calories				8.49%		33.2%	25.5%	0.0%		59.2%		15.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.