

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

Menu Name: High School Lunch

Include Cost: No

Site:

Report Style: Detailed

Monday - 05/03/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000023 Chicken Parmesan w/noodles | servings | 1 | 464 | 3.27 | 990 | 2 | 13.24 | 0.00 | 58 | 56.16 | 4.43 | 27.82 | 532 | 122.9 | 3.99 | 3.15 |
| 000637 Pizza, Cheese Stuffed Pepper | slice | 1 | 330 | 4.50 | 870 | 4 | 14.00 | 0.00 | 20 | 35.00 | 3.00 | 17.00 | 555 | 352.0 | 0.72 | 3.10 |
| 001038 Chicken Tender Basket | basket | 1 | 510 | 5.04 | 1664 | 6 | 26.16 | 0.00 | 0 | 46.34 | 15.22 | 25.72 | 30 | 0.0 | 5.93 | 3.32 |
| 000661 Bosco Sticks/Marinara Sauce | serving 2 | 1 | 472 | 7.00 | 780 | 5 | 14.81 | 0.00 | 30 | 59.63 | 3.60 | 24.01 | 0 | 444.2 | 0.00 | 4.00 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 008096 Green Beans, Seasoned | 1/2 cup | 1 | 43 | 1.17 | 217 | 2 | 1.84 | 0.00 | 5 | 5.03 | 3.14 | 1.60 | 377 | 31.6 | 1.89 | 0.58 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|------------------------------------|--------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 000139 | Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 | Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000987 | Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 | Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 | Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 | Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 | Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 | Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 | Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 | Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 | Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 | Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 | BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 | Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 | Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 | Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 | Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 | Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5784 | 67.60 | 11291 | *208 | 239.77 | *0.07 | 461 | 651.96 | 64.08 | 264.42 | 23231 | 4108.8 | 139.78 | 31.11 |
| % of Calories | | | | 10.52% | | *14.4% | 37.3% | *0.0% | | 45.1% | | 18.3% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Tuesday - 05/04/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990140 Tacos, Beef Hard Shells (JTM taco filling) | 2 tacos each | 1 | 274 | 7.27 | 400 | 3 | 15.09 | 0.00 | 50 | 18.22 | 4.28 | 17.78 | 762 | 141.7 | 5.67 | 2.35 |
| 000825 Tacos, Soft - Secondary | tacos | 1 | 430 | 9.18 | 602 | 4 | 19.35 | 0.00 | 46 | 43.72 | 6.84 | 21.93 | 354 | 233.7 | 3.01 | 1.64 |
| 990124 Battered Fish Nuggets | Each | 1 | 42 | 0.30 | 66 | 0 | 1.60 | 0.00 | 7 | 4.60 | 0.40 | 2.40 | 0 | 4.0 | 0.00 | 0.29 |
| 000890 Pizza, Big Daddy, Cheese | slice | 1 | 400 | 9.00 | 580 | 9 | 17.00 | 0.00 | 40 | 42.00 | 2.00 | 19.00 | 500 | 250.0 | 0.00 | 2.70 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |

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Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 001003 Corn, Seasoned | 1/2 cup | 1 | 80 | 1.12 | 15 | 3 | 2.75 | 0.00 | 5 | 14.86 | 1.98 | 1.98 | 109 | 3.1 | 2.07 | 0.28 |
| 990191 7 Layer Bean Dip | servings | 1 | 439 | 7.49 | 684 | 4 | 23.07 | 0.00 | 49 | 45.10 | 7.27 | 15.15 | 1144 | 288.3 | 13.97 | 6.04 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |

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Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5630 | 80.99 | 9116 | *212 | 248.58 | *0.07 | 545 | 618.30 | 57.48 | 246.49 | 24607 | 4079.1 | 151.97 | 30.26 |
| % of Calories | | | | 12.95% | | *15.1% | 39.7% | *0.0% | | 43.9% | | 17.5% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Wednesday - 05/05/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 000637 Pizza, Cheese Stuffed Pepper | slice | 1 | 330 | 4.50 | 870 | 4 | 14.00 | 0.00 | 20 | 35.00 | 3.00 | 17.00 | 555 | 352.0 | 0.72 | 3.10 |
| 001211 Gourmet Deli Sub | sandwich | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |

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Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------------|--------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 000470 | Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 | Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 | Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 | Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 | Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 | Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000712 | Baked Beans-district | 1/2 CUP | 1 | 170 | 0.00 | 230 | 13 | 1.23 | *0.00 | 0 | 33.16 | 6.62 | 8.71 | 316 | 57.0 | 1.28 | 1.38 |
| 000139 | Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 | Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000987 | Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 | Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 | Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 | Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 | Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 | Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 | Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 | Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 | Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |

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| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 4815 | 54.74 | 8733 | *209 | 197.72 | *0.07 | 453 | 545.87 | 46.32 | 225.60 | 22761 | 3703.1 | 132.73 | 23.70 |
| % of Calories | | | | 10.23% | | *17.4% | 37.0% | *0.0% | | 45.3% | | 18.7% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Thursday - 05/06/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001000 Chicken Nuggets | serving/5 | 1 | 182 | 1.62 | 328 | 0 | 9.90 | 0.00 | 34 | 9.50 | 0.00 | 13.50 | 79 | 22.0 | 87.00 | 1.00 |
| 001220 Spicy Chicken Tender Basket | serving/3 | 1 | 360 | 3.50 | 705 | 2 | 18.00 | 0.00 | 50 | 28.00 | 3.00 | 22.00 | 0 | 0.0 | 4.80 | 2.16 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000505 Mashed Potatoes | 1/2 cup | 1 | 164 | 0.46 | 627 | 3 | 1.72 | 0.00 | 0 | 34.93 | 2.56 | 3.72 | 13 | 40.4 | 58.95 | 0.54 |
| 008047 Gravy, Brown Fat Free | 2 oz | 1 | 25 | 0.00 | 143 | 1 | 1.01 | 0.00 | 0 | 4.05 | 0.00 | 0.00 | 5 | 1.1 | 0.00 | 0.00 |
| 008049 Gravy, Country Fat Free | TBSP | 1 | 35 | 0.99 | 140 | 1 | 1.98 | 0.00 | 0 | 4.94 | 0.00 | 0.00 | 5 | 0.9 | 0.00 | 0.00 |
| 008044 Peas, Seasoned | 1/2 cup | 1 | 73 | 0.60 | 60 | 4 | 1.11 | 0.00 | 2 | 12.04 | 3.77 | 4.30 | 1785 | 20.2 | 8.26 | 1.27 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |

Base Menu Spreadsheet

Lee's Summit R-7 School District

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 4804 | 53.79 | 8773 | *199 | 203.44 | *0.07 | 435 | 543.27 | 44.03 | 211.78 | 23625 | 3242.8 | 286.27 | 21.94 |
| % of Calories | | | | 10.08% | | *16.6% | 38.1% | *0.0% | | 45.2% | | 17.6% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Friday - 05/07/2021

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008081 Corn Dog Nuggets | serving of 6 | 1 | 267 | 1.90 | 365 | 12 | 11.00 | 0.00 | 34 | 33.00 | 3.00 | 9.00 | 114 | 66.0 | 51.00 | 1.00 |
| 001039 Popcorn Chicken Basket* | Basket | 1 | 306 | 2.55 | 530 | 0 | 13.31 | 0.00 | 50 | 32.18 | 3.75 | 15.21 | 143 | 14.3 | 0.00 | 1.61 |
| 001111 Thai Chili Rice Bowl | servings | 1 | 358 | 2.98 | 806 | *27 | 10.86 | 0.00 | 48 | 50.27 | 3.98 | 14.14 | 670 | 15.2 | 0.00 | 1.62 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000681 Broccoli, Seasoned | 1/2 cup | 1 | 47 | 0.80 | 44 | 1 | 1.76 | 0.00 | 0 | 6.03 | 3.55 | 3.55 | 2447 | 71.0 | 63.90 | 0.85 |
| 990169 Fried Rice | 6 oz | 1 | 233 | 1.56 | 422 | *3 | 5.37 | 0.00 | 142 | 37.70 | 1.61 | 8.12 | 2978 | 26.9 | 2.06 | 3.03 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5176 | 56.41 | 8936 | *232 | 212.03 | *0.07 | 623 | 608.98 | 50.59 | 218.28 | 28090 | 3351.6 | 244.21 | 25.06 |
| % of Calories | | | | 9.81% | | *17.9% | 36.9% | *0.0% | | 47.1% | | 16.9% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Monday - 05/10/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000277 Macaroni & Cheese | Cup | 1 | 563 | 16.26 | 876 | 7 | 29.09 | *0.00 | 79 | 48.62 | 2.04 | 23.71 | 1158 | 466.4 | 0.00 | 1.86 |
| 000722 Meatball Grinder | sandwiches | 1 | 348 | 4.08 | 528 | 5 | 13.67 | 0.00 | 36 | 35.24 | 3.70 | 19.87 | 289 | 141.6 | 6.56 | 3.95 |
| 001220 Spicy Chicken Tender Basket | serving/3 | 1 | 360 | 3.50 | 705 | 2 | 18.00 | 0.00 | 50 | 28.00 | 3.00 | 22.00 | 0 | 0.0 | 4.80 | 2.16 |
| 000661 Bosco Sticks/Marinara Sauce | serving 2 | 1 | 472 | 7.00 | 780 | 5 | 14.81 | 0.00 | 30 | 59.63 | 3.60 | 24.01 | 0 | 444.2 | 0.00 | 4.00 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000681 Broccoli, Seasoned | 1/2 cup | 1 | 47 | 0.80 | 44 | 1 | 1.76 | 0.00 | 0 | 6.03 | 3.55 | 3.55 | 2447 | 71.0 | 63.90 | 0.85 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5755 | 78.26 | 9703 | *210 | 247.05 | *0.07 | 544 | 627.32 | 50.59 | 261.41 | 25631 | 4281.4 | 202.52 | 29.78 |
| % of Calories | | | | 12.24% | | *14.6% | 38.6% | *0.0% | | 43.6% | | 18.2% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Tuesday - 05/11/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000144 Chipotle Rice Bowl | Bowls | 1 | 329 | 7.10 | 1187 | 8 | 12.69 | *0.00 | 96 | 27.61 | 1.77 | 25.22 | 1129 | 133.7 | 13.24 | 3.44 |
| 000861 Pizza, Southwest (Fiestada) | slice | 1 | 360 | 6.00 | 780 | 9 | 14.00 | 0.00 | 25 | 41.00 | 5.00 | 18.00 | 500 | 250.0 | 0.00 | 2.70 |
| 001232 Spicy Chicken Nuggets | serving | 1 | 260 | 2.50 | 390 | 1 | 15.00 | 0.00 | 25 | 17.00 | 3.00 | 15.00 | 100 | 0.0 | 0.00 | 2.70 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------------|--------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 001061 | Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 | Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 | Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 | Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 | Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 | Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 | Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000008 | Refried Beans: canned | 1/2 cup | 1 | 121 | 0.29 | 179 | 1 | 0.50 | 0.00 | 1 | 20.84 | 5.03 | 7.62 | 163 | 56.7 | 9.60 | 2.59 |
| 001003 | Corn, Seasoned | 1/2 cup | 1 | 80 | 1.12 | 15 | 3 | 2.75 | 0.00 | 5 | 14.86 | 1.98 | 1.98 | 109 | 3.1 | 2.07 | 0.28 |
| 000987 | Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 | Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 | Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 | Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 | Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 | Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 | Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 | Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 | Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5115 | 63.64 | 9320 | *211 | 214.66 | *0.07 | 501 | 571.12 | 51.48 | 236.08 | 23738 | 3601.7 | 152.16 | 28.66 |
| % of Calories | | | | 11.20% | | *16.5% | 37.8% | *0.0% | | 44.7% | | 18.5% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Wednesday - 05/12/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000890 Pizza, Big Daddy, Cheese | slice | 1 | 400 | 9.00 | 580 | 9 | 17.00 | 0.00 | 40 | 42.00 | 2.00 | 19.00 | 500 | 250.0 | 0.00 | 2.70 |
| 001039 Popcorn Chicken Basket* | Basket | 1 | 306 | 2.55 | 530 | 0 | 13.31 | 0.00 | 50 | 32.18 | 3.75 | 15.21 | 143 | 14.3 | 0.00 | 1.61 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000433 Mixed Vegetables | 3 oz | 1 | 74 | 0.89 | 82 | 4 | 1.40 | 0.00 | 4 | 12.30 | 2.29 | 3.05 | 813 | 0.2 | 3.66 | 0.28 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 4745 | 59.06 | 7961 | *202 | 201.43 | *0.07 | 443 | 536.28 | 42.74 | 205.52 | 23194 | 3422.6 | 130.91 | 21.54 |
| % of Calories | | | | 11.20% | | *17.0% | 38.2% | *0.0% | | 45.2% | | 17.3% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Thursday - 05/13/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001000 Chicken Nuggets | servings/5 | 1 | 182 | 1.62 | 328 | 0 | 9.90 | 0.00 | 34 | 9.50 | 0.00 | 13.50 | 79 | 22.0 | 87.00 | 1.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008074 Breaded Chicken Fried Steak | each | 1 | 260 | 4.00 | 180 | 1 | 16.00 | 0.00 | 30 | 16.00 | 3.00 | 15.00 | 100 | 40.0 | 1.20 | 2.70 |
| 000637 Pizza, Cheese Stuffed Pepper | slice | 1 | 330 | 4.50 | 870 | 4 | 14.00 | 0.00 | 20 | 35.00 | 3.00 | 17.00 | 555 | 352.0 | 0.72 | 3.10 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000505 Mashed Potatoes | 1/2 cup | 1 | 164 | 0.46 | 627 | 3 | 1.72 | 0.00 | 0 | 34.93 | 2.56 | 3.72 | 13 | 40.4 | 58.95 | 0.54 |
| 008047 Gravy, Brown Fat Free | 2 oz | 1 | 25 | 0.00 | 143 | 1 | 1.01 | 0.00 | 0 | 4.05 | 0.00 | 0.00 | 5 | 1.1 | 0.00 | 0.00 |
| 008049 Gravy, Country Fat Free | TBSP | 1 | 35 | 0.99 | 140 | 1 | 1.98 | 0.00 | 0 | 4.94 | 0.00 | 0.00 | 5 | 0.9 | 0.00 | 0.00 |
| 008096 Green Beans, Seasoned | 1/2 cup | 1 | 43 | 1.17 | 217 | 2 | 1.84 | 0.00 | 5 | 5.03 | 3.14 | 1.60 | 377 | 31.6 | 1.89 | 0.58 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5004 | 59.36 | 9275 | *200 | 216.17 | *0.07 | 438 | 559.26 | 46.40 | 219.08 | 22871 | 3646.2 | 277.01 | 24.88 |
| % of Calories | | | | 10.68% | | *16.0% | 38.9% | *0.0% | | 44.7% | | 17.5% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Friday - 05/14/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008081 Corn Dog Nuggets | serving of 6 | 1 | 267 | 1.90 | 365 | 12 | 11.00 | 0.00 | 34 | 33.00 | 3.00 | 9.00 | 114 | 66.0 | 51.00 | 1.00 |
| 001282 Fish & Chips | basket | 1 | 380 | 3.50 | 640 | 1 | 16.00 | 0.00 | 35 | 46.00 | 3.00 | 14.00 | 0 | 20.0 | 4.80 | 2.16 |
| 990130 Teriyaki Chicken Ramen Bowl | 2.85 oz | 1 | 308 | 1.00 | 666 | 25 | 4.91 | 0.00 | 63 | 46.76 | 1.74 | 18.56 | 314 | 13.1 | 1.64 | 1.79 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000574 Coleslaw HS | 1/2 cup | 1 | 53 | 0.06 | 555 | *8 | 0.23 | *0.00 | 2 | 12.26 | 3.27 | 1.97 | 140 | 64.9 | 38.76 | 0.53 |
| 000879 Peas & Carrots, seasoned | 1/2 cup | 1 | 65 | 0.79 | 77 | 5 | 1.58 | 0.00 | 3 | 11.65 | 3.53 | 3.51 | 10829 | 26.3 | 9.18 | 1.07 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5038 | 53.87 | 9073 | *240 | 203.44 | *0.07 | 486 | 599.47 | 49.24 | 215.31 | 33135 | 3348.5 | 232.64 | 23.50 |
| % of Calories | | | | 9.62% | | *19.1% | 36.3% | *0.0% | | 47.6% | | 17.1% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Monday - 05/17/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000388 Chicken Alfredo | servings | 1 | 233 | 3.69 | 530 | 4 | 7.29 | 0.00 | 41 | 25.46 | 1.93 | 15.84 | 886 | 208.6 | 173.12 | 1.28 |
| 001038 Chicken Tender Basket | basket | 1 | 510 | 5.04 | 1664 | 6 | 26.16 | 0.00 | 0 | 46.34 | 15.22 | 25.72 | 30 | 0.0 | 5.93 | 3.32 |
| 000661 Bosco Sticks/Marinara Sauce | serving 2 | 1 | 472 | 7.00 | 780 | 5 | 14.81 | 0.00 | 30 | 59.63 | 3.60 | 24.01 | 0 | 444.2 | 0.00 | 4.00 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------------|--------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 001061 | Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 | Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 | Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 | Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 | Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 | Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 | Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000681 | Broccoli, Seasoned | 1/2 cup | 1 | 47 | 0.80 | 44 | 1 | 1.76 | 0.00 | 0 | 6.03 | 3.55 | 3.55 | 2447 | 71.0 | 63.90 | 0.85 |
| 000987 | Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 | Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 | Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 | Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 | Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 | Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 | Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 | Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 | Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 | Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5228 | 63.16 | 9788 | *205 | 219.74 | *0.07 | 420 | 587.26 | 59.00 | 237.38 | 25100 | 3882.0 | 370.20 | 26.41 |
| % of Calories | | | | 10.87% | | *15.7% | 37.8% | *0.0% | | 44.9% | | 18.2% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Tuesday - 05/18/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 001255 Beefy Nachos (Sec) | serving | 1 | 454 | 5.87 | 744 | 3 | 21.37 | 0.46 | 54 | 46.41 | 5.58 | 22.76 | 916 | 178.5 | 6.31 | 3.38 |
| 990115 Chicken Wing Basket | 4-5 wings | 1 | 365 | 4.42 | 442 | 0 | 21.17 | 0.00 | 105 | 23.83 | 1.67 | 17.67 | 0 | 20.0 | 0.00 | 0.96 |
| 000890 Pizza, Big Daddy, Cheese | slice | 1 | 400 | 9.00 | 580 | 9 | 17.00 | 0.00 | 40 | 42.00 | 2.00 | 19.00 | 500 | 250.0 | 0.00 | 2.70 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 001167 Spanish Rice | 1/2 cup | 1 | 46 | 0.12 | 145 | *1 | 0.77 | *0.00 | 0 | 8.46 | 0.06 | 0.48 | 691 | 1.7 | 8.29 | 1.80 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5230 | 66.03 | 8681 | *202 | 230.02 | *0.53 | 548 | 570.50 | 44.01 | 228.17 | 23845 | 3608.3 | 141.86 | 25.80 |
| % of Calories | | | | 11.36% | | *15.4% | 39.6% | *0.1% | | 43.6% | | 17.5% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Wednesday - 05/19/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000983 French Toast /Sausage* | 2 oz patty | 1 | 577 | 9.33 | 800 | 23 | 27.33 | 0.00 | 207 | 64.32 | 2.67 | 18.66 | 347 | 53.3 | 0.00 | 2.28 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 000661 Bosco Sticks/Marinara Sauce | serving 2 | 1 | 472 | 7.00 | 780 | 5 | 14.81 | 0.00 | 30 | 59.63 | 3.60 | 24.01 | 0 | 444.2 | 0.00 | 4.00 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 008096 Green Beans, Seasoned | 1/2 cup | 1 | 43 | 1.17 | 217 | 2 | 1.84 | 0.00 | 5 | 5.03 | 3.14 | 1.60 | 377 | 31.6 | 1.89 | 0.58 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000349 Syrup | packet | 1 | 120 | 0.00 | 40 | 16 | 0.00 | 0.00 | 0 | 31.00 | 0.00 | 0.00 | 80 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5176 | 64.12 | 8607 | *234 | 213.70 | *0.07 | 590 | 609.78 | 44.10 | 212.54 | 22541 | 3687.3 | 129.14 | 23.82 |
| % of Calories | | | | 11.15% | | *18.1% | 37.2% | *0.0% | | 47.1% | | 16.4% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Thursday - 05/20/2021

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------------|-----------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 990114 | Chicken & Waffles | 5 each 2 waffle | 1 | 361 | 4.60 | 607 | 7 | 17.86 | 0.00 | 34 | 33.38 | 1.00 | 15.49 | 79 | 22.0 | 87.00 | 2.07 |
| 000169 | Mashed Potato Bowl | bowl | 1 | 450 | 5.41 | 1350 | 7 | 15.78 | 0.00 | 56 | 60.08 | 5.95 | 19.64 | 172 | 129.5 | 60.43 | 1.60 |
| 000637 | Pizza, Cheese Stuffed Pepper | slice | 1 | 330 | 4.50 | 870 | 4 | 14.00 | 0.00 | 20 | 35.00 | 3.00 | 17.00 | 555 | 352.0 | 0.72 | 3.10 |
| 000908 | Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 | Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 | Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 | Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 | Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 | Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 | Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 | Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 | Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 | Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 | Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000505 | Mashed Potatoes | 1/2 cup | 1 | 164 | 0.46 | 627 | 3 | 1.72 | 0.00 | 0 | 34.93 | 2.56 | 3.72 | 13 | 40.4 | 58.95 | 0.54 |
| 008047 | Gravy, Brown Fat Free | 2 oz | 1 | 25 | 0.00 | 143 | 1 | 1.01 | 0.00 | 0 | 4.05 | 0.00 | 0.00 | 5 | 1.1 | 0.00 | 0.00 |
| 008049 | Gravy, Country Fat Free | TBSP | 1 | 35 | 0.99 | 140 | 1 | 1.98 | 0.00 | 0 | 4.94 | 0.00 | 0.00 | 5 | 0.9 | 0.00 | 0.00 |
| 001003 | Corn, Seasoned | 1/2 cup | 1 | 80 | 1.12 | 15 | 3 | 2.75 | 0.00 | 5 | 14.86 | 1.98 | 1.98 | 109 | 3.1 | 2.07 | 0.28 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5410 | 63.70 | 10522 | *215 | 224.81 | *0.07 | 463 | 637.05 | 49.18 | 226.08 | 22675 | 3707.3 | 336.42 | 24.56 |
| % of Calories | | | | 10.60% | | *15.9% | 37.4% | *0.0% | | 47.1% | | 16.7% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Friday - 05/21/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008081 Corn Dog Nuggets | serving of 6 | 1 | 267 | 1.90 | 365 | 12 | 11.00 | 0.00 | 34 | 33.00 | 3.00 | 9.00 | 114 | 66.0 | 51.00 | 1.00 |
| 000385 BBQ Rib/bun | sandwich | 1 | 338 | 3.60 | 584 | 7 | 13.00 | 0.00 | 41 | 33.74 | 3.47 | 21.00 | 192 | 94.0 | 3.40 | 2.44 |
| 001039 Popcorn Chicken Basket* | Basket | 1 | 306 | 2.55 | 530 | 0 | 13.31 | 0.00 | 50 | 32.18 | 3.75 | 15.21 | 143 | 14.3 | 0.00 | 1.61 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000712 Baked Beans-district | 1/2 CUP | 1 | 170 | 0.00 | 230 | 13 | 1.23 | *0.00 | 0 | 33.16 | 6.62 | 8.71 | 316 | 57.0 | 1.28 | 1.38 |
| 000043 Potato, Tator Tots | 2.52 oz | 1 | 113 | 0.87 | 314 | 0 | 6.10 | 0.00 | 0 | 13.95 | 0.87 | 0.87 | 0 | 0.0 | 0.00 | 0.00 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|----------------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990159 | Chipotle Ranch | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 | Balsamic Dressing | servings | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 | Caesar Dressing | 2 TBSP | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 | Dressing, Italien FF | TBSP | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 | Salsa Packet | packet | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5160 | 55.54 | 8792 | *221 | 214.37 | *0.07 | 474 | 595.82 | 52.41 | 223.05 | 22504 | 3389.5 | 182.93 | 23.38 |
| % of Calories | | | | 9.69% | | *17.1% | 37.4% | *0.0% | | 46.2% | | 17.3% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Monday - 05/24/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------|-----------------------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000820 | Spaghetti & Meatsauce | Cup | 324 | 3.12 | 606 | 2 | 9.96 | 0.00 | 26 | 41.47 | 3.06 | 16.27 | 572 | 44.2 | 6.87 | 3.61 |
| 001038 | Chicken Tender Basket | basket | 510 | 5.04 | 1664 | 6 | 26.16 | 0.00 | 0 | 46.34 | 15.22 | 25.72 | 30 | 0.0 | 5.93 | 3.32 |
| 000661 | Bosco Sticks/Marinara Sauce | serving 2 | 472 | 7.00 | 780 | 5 | 14.81 | 0.00 | 30 | 59.63 | 3.60 | 24.01 | 0 | 444.2 | 0.00 | 4.00 |
| 000908 | Baked Potato Entree | each | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 | Yogurt/Cheese Stick | entrees | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 | Cheeseburger on Bun | each | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 | Chicken Patty/Bun | sandwich | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) | |
|--------|-------------------------------|--------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|------|
| 001061 | Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 | Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 | Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 | Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 | Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 | Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 | Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000681 | Broccoli, Seasoned | 1/2 cup | 1 | 47 | 0.80 | 44 | 1 | 1.76 | 0.00 | 0 | 6.03 | 3.55 | 3.55 | 2447 | 71.0 | 63.90 | 0.85 |
| 000987 | Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 | Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 | Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 | Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 | Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 | Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 | Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 | Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 | Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 | Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5319 | 62.58 | 9864 | *204 | 222.41 | *0.07 | 405 | 603.27 | 60.13 | 237.82 | 24787 | 3717.6 | 203.95 | 28.74 |
| % of Calories | | | | 10.59% | | *15.3% | 37.6% | *0.0% | | 45.4% | | 17.9% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Tuesday - 05/25/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 000821 Taco Salad - HS | salads | 1 | 460 | 7.55 | 618 | 3 | 22.85 | 0.45 | 55 | 44.93 | 5.64 | 21.69 | 911 | 218.6 | 6.49 | 3.07 |
| 000890 Pizza, Big Daddy, Cheese | slice | 1 | 400 | 9.00 | 580 | 9 | 17.00 | 0.00 | 40 | 42.00 | 2.00 | 19.00 | 500 | 250.0 | 0.00 | 2.70 |
| 000539 Manager's Choice | each | 1 | 298 | 2.45 | 586 | 6 | 10.23 | 0.00 | 33 | 33.61 | 3.21 | 17.13 | 340 | 154.8 | 23.92 | 2.18 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 001003 Corn, Seasoned | 1/2 cup | 1 | 80 | 1.12 | 15 | 3 | 2.75 | 0.00 | 5 | 14.86 | 1.98 | 1.98 | 109 | 3.1 | 2.07 | 0.28 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5203 | 66.74 | 8568 | *210 | 222.55 | *0.52 | 482 | 585.20 | 47.53 | 228.06 | 23598 | 3784.7 | 159.73 | 25.19 |
| % of Calories | | | | 11.54% | | *16.1% | 38.5% | *0.1% | | 45.0% | | 17.5% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Wednesday - 05/26/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001000 Chicken Nuggets | servings/5 | 1 | 182 | 1.62 | 328 | 0 | 9.90 | 0.00 | 34 | 9.50 | 0.00 | 13.50 | 79 | 22.0 | 87.00 | 1.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001220 Spicy Chicken Tender Basket | -serving/3 | 1 | 360 | 3.50 | 705 | 2 | 18.00 | 0.00 | 50 | 28.00 | 3.00 | 22.00 | 0 | 0.0 | 4.80 | 2.16 |
| 000539 Manager's Choice | each | 1 | 298 | 2.45 | 586 | 6 | 10.23 | 0.00 | 33 | 33.61 | 3.21 | 17.13 | 340 | 154.8 | 23.92 | 2.18 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000505 Mashed Potatoes | 1/2 cup | 1 | 164 | 0.46 | 627 | 3 | 1.72 | 0.00 | 0 | 34.93 | 2.56 | 3.72 | 13 | 40.4 | 58.95 | 0.54 |
| 008047 Gravy, Brown Fat Free | 2 oz | 1 | 25 | 0.00 | 143 | 1 | 1.01 | 0.00 | 0 | 4.05 | 0.00 | 0.00 | 5 | 1.1 | 0.00 | 0.00 |
| 008049 Gravy, Country Fat Free | TBSP | 1 | 35 | 0.99 | 140 | 1 | 1.98 | 0.00 | 0 | 4.94 | 0.00 | 0.00 | 5 | 0.9 | 0.00 | 0.00 |
| 008096 Green Beans, Seasoned | 1/2 cup | 1 | 43 | 1.17 | 217 | 2 | 1.84 | 0.00 | 5 | 5.03 | 3.14 | 1.60 | 377 | 31.6 | 1.89 | 0.58 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italien FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 5071 | 56.81 | 9516 | *203 | 214.40 | *0.07 | 471 | 569.87 | 46.61 | 226.21 | 22556 | 3408.9 | 303.81 | 23.42 |
| % of Calories | | | | 10.08% | | *16.0% | 38.1% | *0.0% | | 45.0% | | 17.8% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

Thursday - 05/27/2021

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008081 Corn Dog Nuggets | serving of 6 | 1 | 267 | 1.90 | 365 | 12 | 11.00 | 0.00 | 34 | 33.00 | 3.00 | 9.00 | 114 | 66.0 | 51.00 | 1.00 |
| 000539 Manager's Choice | each | 1 | 298 | 2.45 | 586 | 6 | 10.23 | 0.00 | 33 | 33.61 | 3.21 | 17.13 | 340 | 154.8 | 23.92 | 2.18 |
| 000908 Baked Potato Entree | each | 1 | 439 | 13.79 | 446 | 3 | 23.82 | 0.00 | 69 | 39.94 | 3.00 | 17.94 | 873 | 434.6 | 15.00 | 0.54 |
| 990170 Yogurt/Cheese Stick | entrees | 1 | 258 | 4.90 | 298 | 6 | 7.90 | 0.00 | 23 | 36.20 | 0.00 | 12.60 | 252 | 450.0 | 0.48 | 0.07 |
| 000149 Cheeseburger on Bun | each | 1 | 275 | 4.27 | 417 | *1 | 13.02 | 0.00 | 48 | 21.01 | 2.00 | 20.54 | 152 | 155.9 | 0.00 | 2.16 |
| 000470 Chicken Patty/Bun | sandwich | 1 | 390 | 2.00 | 700 | 2 | 12.00 | 0.00 | 50 | 44.00 | 4.00 | 25.00 | 200 | 108.0 | 0.00 | 3.08 |
| 001061 Yogurt Parfait | Parfait | 1 | 288 | 2.34 | 246 | 29 | 6.14 | 0.00 | 14 | 45.96 | 4.00 | 14.71 | 186 | 435.7 | 3.74 | 1.01 |
| 000549 Uncrustables - PB & J | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 001228 Uncrustables - PBJ Strawberry | sandwich | 1 | 300 | 3.00 | 280 | 14 | 17.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | 65 | 200.0 | 0.00 | 1.44 |
| 000405 Deli Sub Sandwich, HS | each | 1 | 350 | 3.61 | 864 | 3 | 12.77 | 0.00 | 84 | 27.91 | 2.00 | 31.63 | 152 | 135.9 | 3.48 | 2.27 |
| 000009 Fruit Fresh, Whole and Sliced | each | 1 | 58 | 0.00 | 1 | 12 | 0.06 | 0.00 | 0 | 14.68 | 2.29 | 0.38 | 69 | 14.2 | 17.85 | 0.06 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calc ^m (mg) | Vit-C (mg) | Iron (mg) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------------------|------------|-----------|
| 008084 French Fries, Crispy McCains | 3 oz | 1 | 150 | 0.50 | 170 | 0 | 5.00 | 0.00 | 0 | 25.00 | 2.00 | 2.00 | 0 | 0.0 | 0.00 | 0.72 |
| 000139 Salad, Tossed | cup | 1 | 37 | 0.03 | 48 | *3 | 0.12 | 0.00 | 0 | 7.83 | 2.46 | 1.96 | 9943 | 51.3 | 12.46 | 1.57 |
| 000181 Homemade Bread | each | 1 | 136 | 0.00 | 245 | 5 | 1.82 | 0.00 | 0 | 27.27 | 2.73 | 4.54 | 18 | 36.4 | 0.00 | 1.31 |
| 000987 Salad Bar Set Up | salads | 1 | 105 | 0.02 | 99 | *4 | 1.71 | *0.00 | 0 | 18.24 | 3.62 | 4.62 | 8121 | 71.9 | 19.42 | 1.95 |
| 000570 Juice, Apple, 4 oz | 4 oz serving | 1 | 60 | 0.00 | 10 | 14 | 0.00 | 0.00 | 0 | 16.00 | 0.00 | 0.00 | 70 | 0.0 | 4.80 | 0.00 |
| 000559 Juice, Orange, 4 oz | carton | 1 | 60 | 0.00 | 0 | 14 | 0.00 | 0.00 | 0 | 15.00 | 0.00 | 0.00 | 100 | 250.0 | 48.00 | 0.00 |
| 000544 Milk, 1% White | half pint | 1 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 0.00 | 8.00 | 500 | 300.0 | 1.20 | 0.00 |
| 000693 Milk, Choc Skim | half pint | 1 | 130 | 0.00 | 140 | 22 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 | 500 | 300.0 | 0.00 | 0.00 |
| 000222 Ketchup packet | packet | 1 | 10 | 0.00 | 25 | 2 | 0.00 | 0.00 | 0 | 2.00 | 0.00 | 0.00 | 10 | 0.0 | 0.00 | 0.00 |
| 000223 Mustard: individual PC | packet | 1 | 0 | 0.00 | 57 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008055 Dressing, Salad Miracle Whip | packet | 1 | 15 | 0.00 | 105 | 1 | 1.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 008054 Pickles, Sliced Dill HS | 6 slices | 1 | 0 | 0.00 | 370 | 0 | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 000765 Dressing, Honey Mustard | 2 TBSP | 1 | 45 | 0.00 | 300 | 9 | 0.00 | 0.00 | 0 | 10.00 | 0.00 | 0.00 | 45 | 0.0 | 0.00 | 0.00 |
| 000473 BBQ Sauce | TBSP | 1 | 20 | 0.00 | 90 | 3 | 0.00 | 0.00 | 0 | 4.48 | 0.56 | 0.00 | 112 | 0.0 | 0.00 | 0.00 |
| 000418 Dressing, Ranch RC | TBSP | 1 | 35 | 0.50 | 125 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| 990160 Buffalo Ranch (Tiger/Bronco Sauce) | TBSP | 1 | 35 | 0.50 | 508 | 0 | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 283 | 0.0 | 0.00 | 0.00 |
| 990159 Chipotle Ranch | 1 | 1 | 300 | 5.00 | 460 | 2 | 30.00 | 0.00 | 30 | 4.00 | 0.00 | 0.00 | 0 | 4.0 | 0.00 | 0.00 |
| 001172 Balsamic Dressing | servings | 1 | 167 | 2.04 | 47 | 12 | 13.06 | *0.07 | 0 | 12.84 | 0.01 | 0.01 | 0 | 0.8 | 0.00 | 0.02 |

Base Menu Spreadsheet

Portion Values

May 3, 2021 thru May 27, 2021

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| 001133 Caesar Dressing | 2 TBSP | 1 | 39 | 0.12 | 245 | *2 | 2.80 | *0.00 | 1 | 3.91 | 0.03 | 0.31 | 16 | 9.5 | 0.82 | 0.04 |
| 000314 Dressing, Italian FF | TBSP | 1 | 8 | 0.00 | 130 | 1 | 0.00 | 0.00 | 0 | 1.50 | 0.00 | 0.00 | 5 | 0.0 | 0.00 | 0.00 |
| 001242 Salsa Packet | packet | 1 | 5 | 0.00 | 115 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average | | | 4680 | 51.47 | 7890 | *207 | 195.95 | *0.07 | 416 | 541.41 | 42.91 | 196.39 | 22192 | 3378.9 | 202.17 | 20.86 |
| % of Calories | | | | 9.90% | | *17.7% | 37.7% | *0.0% | | 46.3% | | 16.8% | | | | |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1420 | | <=0 | | | | | | | | | |

| | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (IU) | Calcm (mg) | Vit-C (mg) | Iron (mg) |
|-------------------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|-----------|------------|------------|------------|-----------|
| Weighted Averages | 5176 | 62 | 9179 | *212 | 218.01 | *0.12 | 484 | 587.47 | 49.94 | 227.35 | 24246 | 3650 | 209.50 | 25.40 |
| % of Calories | | 10.78% | | *16.4% | 37.9% | *0.0% | | 45.4% | | 17.6% | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.