

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

**Menu Name:** High School Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 03/02/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000983 French Toast /Sausage*	serving	20	883	24.48	1248	18	67.83	0.00	172	41.43	0.83	27.40	163	16.7	0.00	1.68
008092 Long John	each	60	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	20	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	10	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			59229	1057.75	74015	*4378	2624.92	*0.00	6122	7182.40	341.44	1888.47	72558	36364.5	1584.68	168.80
% of Calories				16.07%		*29.6%	39.9%	*0.0%		48.5%		12.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Tuesday - 03/03/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	70	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
990104 Cinnamon Toast Crunch Filled Bar	Each	21	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
001050 Pop Tart Combo #1	each	3	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	3	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	3	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	70	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			74233	1253.59	111058	*4082	3489.46	0.00	4790	8470.61	378.26	2104.82	63217	40182.3	1610.61	204.80
% of Calories				15.20%		*22.0%	42.3%	0.0%		45.6%		11.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Wednesday - 03/04/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008107 Breakfast Burrito	each	40	295	7.02	604	*0	15.48	0.00	208	21.50	2.00	14.47	504	183.2	0.00	1.40
008092 Long John	each	40	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000222 Ketchup packet	packet	25	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990024 Salsa *RESIZED*	2 oz	30	20	0.00	137	2	0.00	0.00	0	3.91	0.00	0.00	978	0.0	11.73	2.11
Weighted Daily Average			35896	675.04	57891	*1871	1517.14	*0.00	10510	4483.70	328.32	1092.96	70520	15800.6	1829.34	223.44
% of Calories				16.92%		*20.8%	38.0%	*0.0%		50.0%		12.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Thursday - 03/05/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000679 Biscuit, Sausage/Gravy	each	52	605	18.01	1251	4	45.04	0.00	60	33.89	1.00	16.03	20	81.8	0.00	1.63
990087 Breakfast Scramble Pizza	3 oz	42	244	2.25	398	4	9.96	0.00	45	28.33	2.98	10.49	2	15.0	0.00	10.18
001050 Pop Tart Combo #1	each	2	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	2	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	2	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	75	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	25	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			68976	1079.09	111758	*4000	3064.30	0.00	5493	8222.36	389.96	2091.52	59366	38536.8	1731.55	553.92
% of Calories				14.08%		*23.2%	40.0%	0.0%		47.7%		12.1%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Friday - 03/06/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008107 Breakfast Burrito	each	50	295	7.02	604	*0	15.48	0.00	208	21.50	2.00	14.47	504	183.2	0.00	1.40
000334 Cinnamon Rolls, Rich's	2 oz roll	20	207	0.50	190	16	2.50	*0.00	5	40.43	1.00	5.00	300	0.1	0.00	1.45
990109 Chicken Breakfast Biscuit/Tots	each	30	1055	8.43	2023	9	41.45	0.00	20	147.67	14.72	18.86	10	80.0	42.00	4.63
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00

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## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990024 Salsa *RESIZED*	2 oz	25	20	0.00	137	2	0.00	0.00	0	3.91	0.00	0.00	978	0.0	11.73	2.11
Weighted Daily Average			67971	621.40	113393	*3788	2080.91	*0.00	11566	9856.49	596.12	2115.24	107759	43776.8	2991.08	291.68
% of Calories				8.23%		*22.3%	27.6%	*0.0%		58.0%		12.4%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Monday - 03/09/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000983 French Toast /Sausage*	serving	20	883	24.48	1248	18	67.83	0.00	172	41.43	0.83	27.40	163	16.7	0.00	1.68
008092 Long John	each	60	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	20	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

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## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	10	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			59229	1057.75	74015	*4378	2624.92	*0.00	6122	7182.40	341.44	1888.47	72558	36364.5	1584.68	168.80
% of Calories				16.07%		*29.6%	39.9%	*0.0%		48.5%		12.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

## Tuesday - 03/10/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	70	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
990104 Cinnamon Toast Crunch Filled Bar	Each	21	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
001050 Pop Tart Combo #1	each	3	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	3	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	3	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	70	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

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## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			74233	1253.59	111058	*4082	3489.46	0.00	4790	8470.61	378.26	2104.82	63217	40182.3	1610.61	204.80
% of Calories				15.20%		*22.0%	42.3%	0.0%		45.6%		11.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Wednesday - 03/11/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008107 Breakfast Burrito	each	40	295	7.02	604	*0	15.48	0.00	208	21.50	2.00	14.47	504	183.2	0.00	1.40
008092 Long John	each	40	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000222 Ketchup packet	packet	25	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00



# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990024 Salsa *RESIZED*	2 oz	30	20	0.00	137	2	0.00	0.00	0	3.91	0.00	0.00	978	0.0	11.73	2.11
Weighted Daily Average			35896	675.04	57891	*1871	1517.14	*0.00	10510	4483.70	328.32	1092.96	70520	15800.6	1829.34	223.44
% of Calories				16.92%		*20.8%	38.0%	*0.0%		50.0%		12.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Thursday - 03/12/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000679 Biscuit, Sausage/Gravy	each	52	605	18.01	1251	4	45.04	0.00	60	33.89	1.00	16.03	20	81.8	0.00	1.63
990087 Breakfast Scramble Pizza	3 oz	42	244	2.25	398	4	9.96	0.00	45	28.33	2.98	10.49	2	15.0	0.00	10.18
001050 Pop Tart Combo #1	each	2	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	2	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	2	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	75	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	25	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			68976	1079.09	111758	*4000	3064.30	0.00	5493	8222.36	389.96	2091.52	59366	38536.8	1731.55	553.92
% of Calories				14.08%		*23.2%	40.0%	0.0%		47.7%		12.1%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Friday - 03/13/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008107 Breakfast Burrito	each	50	295	7.02	604	*0	15.48	0.00	208	21.50	2.00	14.47	504	183.2	0.00	1.40
000334 Cinnamon Rolls, Rich's	2 oz roll	20	207	0.50	190	16	2.50	*0.00	5	40.43	1.00	5.00	300	0.1	0.00	1.45
990109 Chicken Breakfast Biscuit/Tots	each	30	1055	8.43	2023	9	41.45	0.00	20	147.67	14.72	18.86	10	80.0	42.00	4.63
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990024 Salsa *RESIZED*	2 oz	25	20	0.00	137	2	0.00	0.00	0	3.91	0.00	0.00	978	0.0	11.73	2.11
Weighted Daily Average			67971	621.40	113393	*3788	2080.91	*0.00	11566	9856.49	596.12	2115.24	107759	43776.8	2991.08	291.68
% of Calories				8.23%		*22.3%	27.6%	*0.0%		58.0%		12.4%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Monday - 03/16/2020

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Tuesday - 03/17/2020

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

### Wednesday - 03/18/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Thursday - 03/19/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Friday - 03/20/2020

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Monday - 03/23/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000983 French Toast /Sausage*	serving	20	883	24.48	1248	18	67.83	0.00	172	41.43	0.83	27.40	163	16.7	0.00	1.68
008092 Long John	each	60	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	20	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	10	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			59229	1057.75	74015	*4378	2624.92	*0.00	6122	7182.40	341.44	1888.47	72558	36364.5	1584.68	168.80
% of Calories				16.07%		*29.6%	39.9%	*0.0%		48.5%		12.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Tuesday - 03/24/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	70	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
990104 Cinnamon Toast Crunch Filled Bar	Each	21	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
001050 Pop Tart Combo #1	each	3	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	3	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	3	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	70	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			74233	1253.59	111058	*4082	3489.46	0.00	4790	8470.61	378.26	2104.82	63217	40182.3	1610.61	204.80
% of Calories				15.20%		*22.0%	42.3%	0.0%		45.6%		11.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Wednesday - 03/25/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008107 Breakfast Burrito	each	40	295	7.02	604	*0	15.48	0.00	208	21.50	2.00	14.47	504	183.2	0.00	1.40
008092 Long John	each	40	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000222 Ketchup packet	packet	25	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990024 Salsa *RESIZED*	2 oz	30	20	0.00	137	2	0.00	0.00	0	3.91	0.00	0.00	978	0.0	11.73	2.11
Weighted Daily Average			35896	675.04	57891	*1871	1517.14	*0.00	10510	4483.70	328.32	1092.96	70520	15800.6	1829.34	223.44
% of Calories				16.92%		*20.8%	38.0%	*0.0%		50.0%		12.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Thursday - 03/26/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000679 Biscuit, Sausage/Gravy	each	52	605	18.01	1251	4	45.04	0.00	60	33.89	1.00	16.03	20	81.8	0.00	1.63
990087 Breakfast Scramble Pizza	3 oz	42	244	2.25	398	4	9.96	0.00	45	28.33	2.98	10.49	2	15.0	0.00	10.18
001050 Pop Tart Combo #1	each	2	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	2	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	2	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	75	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	25	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00



# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			68976	1079.09	111758	*4000	3064.30	0.00	5493	8222.36	389.96	2091.52	59366	38536.8	1731.55	553.92
% of Calories				14.08%		*23.2%	40.0%	0.0%		47.7%		12.1%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Friday - 03/27/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008107 Breakfast Burrito	each	50	295	7.02	604	*0	15.48	0.00	208	21.50	2.00	14.47	504	183.2	0.00	1.40
000334 Cinnamon Rolls, Rich's	2 oz roll	20	207	0.50	190	16	2.50	*0.00	5	40.43	1.00	5.00	300	0.1	0.00	1.45
990109 Chicken Breakfast Biscuit/Tots	each	30	1055	8.43	2023	9	41.45	0.00	20	147.67	14.72	18.86	10	80.0	42.00	4.63
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990024 Salsa *RESIZED*	2 oz	25	20	0.00	137	2	0.00	0.00	0	3.91	0.00	0.00	978	0.0	11.73	2.11
Weighted Daily Average			67971	621.40	113393	*3788	2080.91	*0.00	11566	9856.49	596.12	2115.24	107759	43776.8	2991.08	291.68
% of Calories				8.23%		*22.3%	27.6%	*0.0%		58.0%		12.4%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Monday - 03/30/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000983 French Toast /Sausage*	serving	20	883	24.48	1248	18	67.83	0.00	172	41.43	0.83	27.40	163	16.7	0.00	1.68
008092 Long John	each	60	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001240 Bacon/Egg/Cheese Bagel	each	17	266	3.32	745	6	9.44	0.00	129	32.01	4.00	16.84	353	95.9	0.00	1.91
001050 Pop Tart Combo #1	each	1	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	1	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	1	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000009 Fruit Fresh, Whole and Sliced	each	20	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	10	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			59229	1057.75	74015	*4378	2624.92	*0.00	6122	7182.40	341.44	1888.47	72558	36364.5	1584.68	168.80
% of Calories				16.07%		*29.6%	39.9%	*0.0%		48.5%		12.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

### Tuesday - 03/31/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	70	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
990104 Cinnamon Toast Crunch Filled Bar	Each	21	250	3.00	280	14	8.00	0.00	5	40.00	2.00	6.00	100	20.0	0.00	1.44
001050 Pop Tart Combo #1	each	3	511	1.00	407	*25	12.00	0.00	0	104.67	2.00	4.00	620	83.3	19.20	1.80
001298 Pop Tart Combo #2	combo	3	481	2.00	387	56	5.00	0.00	0	104.67	7.00	5.00	1120	283.3	19.20	3.60
001299 Pop Tart Combo #3	combo	3	471	2.00	367	55	4.50	0.00	0	104.67	7.00	4.00	1120	283.3	19.20	3.60
000043 Potato, Tator Tots	2.50 oz	70	91	0.41	165	1	3.29	0.00	0	14.00	1.65	0.82	0	0.0	0.00	0.30
000009 Fruit Fresh, Whole and Sliced	each	15	58	0.00	1	12	0.06	0.00	0	14.68	2.29	0.38	69	14.2	17.85	0.06
000624 Juice, Assorted 4 oz	4 oz serving	60	60	0.00	7	14	0.00	0.00	0	15.67	0.00	0.00	80	83.3	19.20	0.00
000544 Milk, 1% White	half pint	5	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	500	300.0	1.20	0.00
000693 Milk, Choc Skim	half pint	80	130	0.00	140	22	0.00	0.00	5	24.00	0.00	8.00	500	300.0	0.00	0.00
000240 Milk, Strawberry Skim	half pint	5	120	0.00	120	22	0.00	0.00	0	22.00	0.00	8.00	500	300.0	2.40	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			74233	1253.59	111058	*4082	3489.46	0.00	4790	8470.61	378.26	2104.82	63217	40182.3	1610.61	204.80
% of Calories				15.20%		*22.0%	42.3%	0.0%		45.6%		11.3%				
Weekly Nutrient Guideline			450 - 600	<10	640		<=0									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	61905	963	93495	*3695	2614.39	*0.00	7433	7664.69	401.29	1874.84	73884	35325	1908.06	276.56
% of Calories		14.00%		*23.9%	38.0%	*0.0%		49.5%		12.1%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**