

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

**Menu Name:** Miller Park Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 03/02/2020

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990102 Cereal Bar, Cinnamon Toast Crunch	Each	100	150	0.00	115	9	4.00	0.00	0	30.00	3.00	2.00	0	200.0	0.00	1.80
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			365	0.00	257	50	4.00	0.00	3	76.44	3.89	10.00	1036	520.0	61.20	1.80
% of Calories				0.00%		54.8%	9.9%	0.0%		83.8%		11.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 03/03/2020

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000948 Confetti Pancake Minis	Pouch	100	220	1.00	300	11	7.00	0.00	10	36.00	4.00	4.00	1000	40.0	0.00	3.60
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			430	1.00	442	49	7.00	0.00	13	79.50	5.50	12.50	2050	390.0	100.20	3.60
% of Calories				2.09%		45.6%	14.7%	0.0%		74.0%		11.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Wednesday - 03/04/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	100	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
000064 Apples, Fresh	Ea	100	72	0.00	1	20	0.23	0.00	0	19.06	3.30	0.36	100	10.0	6.00	0.18
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			842	16.28	1237	56	43.27	0.00	63	87.39	5.28	24.88	1120	410.0	67.20	1.98
% of Calories				17.40%		26.6%	46.3%	0.0%		41.5%		11.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Thursday - 03/05/2020

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008092 Long John	each	100	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
990105 Cinnamon Toast Crunch Cereal Pouch	Each	100	110	1.00	160	6	3.00	0.00	0	22.00	3.00	1.00	400	200.0	4.80	3.60
000068 Bananas	EACH	100	90	0.11	1	12	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			691	9.43	672	62	21.21	*0.00	3	115.02	8.88	15.33	1617	549.5	74.79	5.40
% of Calories				12.28%		35.9%	27.6%	*0.0%		66.6%		8.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Friday - 03/06/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990087 Breakfast Scramble Pizza	3 oz	100	244	2.25	398	4	9.96	0.00	45	28.33	2.98	10.49	2	15.0	0.00	10.18
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			532	2.25	688	52	10.12	0.00	48	93.31	5.18	19.28	1457	339.0	179.00	10.64
% of Calories				3.81%		39.1%	17.1%	0.0%		70.2%		14.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Monday - 03/09/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990102 Cereal Bar, Cinnamon Toast Crunch	Each	100	150	0.00	115	9	4.00	0.00	0	30.00	3.00	2.00	0	200.0	0.00	1.80
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			365	0.00	257	50	4.00	0.00	3	76.44	3.89	10.00	1036	520.0	61.20	1.80
% of Calories				0.00%		54.8%	9.9%	0.0%		83.8%		11.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 03/10/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990107 Bacon Scramble Burrito	Each	100	225	4.32	339	1	9.86	0.00	75	23.09	3.45	11.95	319	159.4	3.82	0.34

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			375	4.32	605	26	9.86	0.00	78	52.59	4.95	20.45	969	489.4	44.02	0.34
% of Calories				10.37%		27.7%	23.7%	0.0%		56.1%		21.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Wednesday - 03/11/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	100	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			888	16.28	1244	52	43.20	0.00	63	98.31	4.18	25.31	1375	404.0	179.00	2.26
% of Calories				16.50%		23.4%	43.8%	0.0%		44.3%		11.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Thursday - 03/12/2020

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008092 Long John	each	100	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
001248 String Cheese, Colby	Each	100	90	4.00	200	0	6.00	0.00	20	1.00	0.00	7.00	500	150.0	0.00	0.00
000594 Apples, sliced, fresh	2 oz	100	18	0.00	0	5	0.06	0.00	0	4.82	0.84	0.09	25	2.5	1.52	0.04
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			599	12.32	711	49	23.94	*0.00	23	75.77	4.08	20.32	1678	497.0	62.72	1.58
% of Calories				18.51%		32.7%	36.0%	*0.0%		50.6%		13.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Friday - 03/13/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001284 Chicken Breakfast Biscuit	each	100	300	5.00	650	2	14.00	0.00	20	31.00	1.00	12.00	10	80.0	42.00	2.16
990112 Strawberry Cup	4.5 oz cup	100	90	0.00	0	18	0.00	0.00	0	22.00	2.00	1.00	100	0.0	12.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008055 Dressing, Salad Miracle Whip	packet	100	15	0.00	105	1	1.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			575	5.00	897	52	15.00	0.00	23	88.00	3.00	21.00	1110	400.0	115.20	2.16
% of Calories				7.83%		36.2%	23.5%	0.0%		61.2%		14.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Monday - 03/16/2020

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 03/17/2020

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

# Base Menu Spreadsheet

Portion Values

Mar 1, 2020 thru Mar 31, 2020

## Wednesday - 03/18/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

## Thursday - 03/19/2020

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

## Friday - 03/20/2020

### Reimbursable Meal Total 1



# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																
Weighted Daily Average			0	0.00	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Monday - 03/23/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990102 Cereal Bar, Cinnamon Toast Crunch	Each	100	150	0.00	115	9	4.00	0.00	0	30.00	3.00	2.00	0	200.0	0.00	1.80
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			365	0.00	257	50	4.00	0.00	3	76.44	3.89	10.00	1036	520.0	61.20	1.80
% of Calories				0.00%		54.8%	9.9%	0.0%		83.8%		11.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 03/24/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990107 Bacon Scramble Burrito	Each	100	225	4.32	339	1	9.86	0.00	75	23.09	3.45	11.95	319	159.4	3.82	0.34

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
001242 Salsa Packet	packet	100	0	0.00	140	0	0.00	0.00	0	1.00	0.00	0.00	100	0.0	0.00	0.00
Weighted Daily Average			375	4.32	605	26	9.86	0.00	78	52.59	4.95	20.45	969	489.4	44.02	0.34
% of Calories				10.37%		27.7%	23.7%	0.0%		56.1%		21.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Wednesday - 03/25/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000799 Sausage Biscuit	each	100	590	16.28	1069	2	43.04	0.00	60	32.33	1.98	16.52	10	80.0	0.00	1.80
000688 Peach Cup	Serving	100	118	0.00	8	16	0.16	0.00	0	29.98	2.20	0.79	355	4.0	117.80	0.46
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
000222 Ketchup packet	packet	100	10	0.00	25	2	0.00	0.00	0	2.00	0.00	0.00	10	0.0	0.00	0.00
Weighted Daily Average			888	16.28	1244	52	43.20	0.00	63	98.31	4.18	25.31	1375	404.0	179.00	2.26
% of Calories				16.50%		23.4%	43.8%	0.0%		44.3%		11.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Thursday - 03/26/2020

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008092 Long John	each	100	321	8.32	369	12	17.88	*0.00	0	35.95	3.25	5.23	152	24.4	0.00	1.54
990105 Cinnamon Toast Crunch Cereal Pouch	Each	100	110	1.00	160	6	3.00	0.00	0	22.00	3.00	1.00	400	200.0	4.80	3.60
000068 Bananas	EACH	100	90	0.11	1	12	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			691	9.43	672	62	21.21	*0.00	3	115.02	8.88	15.33	1617	549.5	74.79	5.40
% of Calories				12.28%		35.9%	27.6%	*0.0%		66.6%		8.9%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Friday - 03/27/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001284 Chicken Breakfast Biscuit	each	100	300	5.00	650	2	14.00	0.00	20	31.00	1.00	12.00	10	80.0	42.00	2.16
990112 Strawberry Cup	4.5 oz cup	100	90	0.00	0	18	0.00	0.00	0	22.00	2.00	1.00	100	0.0	12.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
008055 Dressing, Salad Miracle Whip	packet	100	15	0.00	105	1	1.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			575	5.00	897	52	15.00	0.00	23	88.00	3.00	21.00	1110	400.0	115.20	2.16
% of Calories				7.83%		36.2%	23.5%	0.0%		61.2%		14.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Monday - 03/30/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990102 Cereal Bar, Cinnamon Toast Crunch	Each	100	150	0.00	115	9	4.00	0.00	0	30.00	3.00	2.00	0	200.0	0.00	1.80
000005 Applesauce, Cup	each	100	45	0.00	0	10	0.00	0.00	0	12.44	0.89	0.00	36	0.0	0.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			365	0.00	257	50	4.00	0.00	3	76.44	3.89	10.00	1036	520.0	61.20	1.80
% of Calories				0.00%		54.8%	9.9%	0.0%		83.8%		11.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

### Tuesday - 03/31/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000948 Confetti Pancake Minis	Pouch	100	220	1.00	300	11	7.00	0.00	10	36.00	4.00	4.00	1000	40.0	0.00	3.60

# Base Menu Spreadsheet

## Portion Values

Mar 1, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000085 Orange Smiles	1/2 EACH	100	40	0.00	0	7	0.00	0.00	0	9.50	1.50	0.50	50	30.0	39.00	0.00
001112 Juice, Fruit (box)	carton	100	60	0.00	15	13	0.00	0.00	0	15.00	0.00	0.00	500	20.0	60.00	0.00
001005 Milk, Variety, Belfonte	half pint	100	110	0.00	127	18	0.00	0.00	3	19.00	0.00	8.00	500	300.0	1.20	0.00
Weighted Daily Average			430	1.00	442	49	7.00	0.00	13	79.50	5.50	12.50	2050	390.0	100.20	3.60
% of Calories				2.09%		45.6%	14.7%	0.0%		74.0%		11.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<=35									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	550	6	670	49	16.82	*0.00	30	84.06	4.89	17.27	1332	458	92.95	2.88
% of Calories		9.90%		35.6%	27.5%	*0.0%		61.1%		12.6%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.